

CITY OF TRAIL - TRAIL AQUATIC & LEISURE CENTRE

COVID 19 Safety Plan

SEPTEMBER 2021



On September 10, 2021 the Province of BC Updated the Events & Gathering Health Order. On September 13, 2021, Interior Health also updated the Events & Gatherings Health Order specific to the Interior Health Region. The following Safety Plan outlines how these orders apply to the Trail Aquatic & Leisure Centre facility.

USER EXPECTATIONS

GENERAL FACILITY INFORMATION

- Conduct a COVID-19 self assessment prior to coming to the facility. Do not come to or enter the facility if you are unwell or displaying any symptoms of COVID-19.
- Know and comply with the Safety Plan for the Trail Aquatic & Leisure Centre.
- **Masks:** By public health order, masks are **required** in all indoor public spaces (ie. hallways, change rooms, washrooms, pool deck, meeting rooms etc) for patrons 12 and older and is **recommended** for those under 12 years of age. Patrons refusing to wear a mask or face covering will be asked to leave.
- Physical Distancing is recommended.
- Hand Hygiene:
 - Use hand sanitizer upon as you entre the facility.
 - Wash your hands frequently with soap and water. If soap and water are not available, please use hand sanitizer.
 - Practice respiratory etiquette – cough or sneeze into your elbow.
- Water fountains will be unavailable. Water bottle filling stations will be available.
- Lobby washrooms available for public use so long as mask mandate is followed.
- Lobby access is controlled to limit congregation.
- Pool access and fitness centre access is managed through a booking process. Occupancy numbers are controlled.
- **Vaccination Requirements:** By public health order, proof of vaccination is required for anyone 12+ years old who is accessing the fitness centre. Pool services are exempt from the vaccination requirement unless an event is occurring with over 50 people.
- Pool services and fitness centre services will continue to not be integrated. Should a user wish to access both services, two different bookings are required and the appropriate protocols would need to be followed.
- Both pool users and fitness centre users can access the change rooms. Booking for these services are offset to avoid congregation. Patrons must limit their time in the change rooms to no more than 10 minutes and where possible should come dressed and ready for their activity.
- Occupancy for both pool services & the fitness centre are being managed to ensure the building flow can work for all users. As health orders change or evolve, these occupancy numbers will be altered.

FITNESS CENTRE USERS: FURTHER TO THE ABOVE GENERAL FACILITY INFORMATION

- Come dressed ready to workout.
- Change rooms and showers are available. Limit time in the space to maximum of 10 minutes. Should issues occur with pool users where too many people end up in the space, the option to use change rooms for fitness centre users may need to be revisited. Masks are required in the change rooms.

- Physical distancing between other users should be maintained. Users should make choices if certain fitness areas are busy to avoid being in close contact with others. Be socially responsible and respectful of others.
- Masks – further to the general facility guidelines noted in the “General Facility Information”, masks are required when not actively using a piece of equipment or performing exercise. Masks are required when moving between pieces of equipment, cleaning equipment, accessing lockers and coming and going between spaces. Masks can be removed when actively engaged in physical activity. When recovering from a set, masks should be on.
- Partner training is not permitted. Choose your activities accordingly.
- City offered personal training or 3rd rehabilitative training sessions can commence under specific COVID protocols. See administrative staff for details.
- Only utilize one piece of equipment at a time.
- Adhere to your designated workout and leave promptly when your workout time has ended.
- Arrive within 5 minutes of your booked workout time.
- Clean all equipment touched/used thoroughly immediately following use.
- Use the designated spray bottle assigned to you & return it to the front desk upon departure.
- Hallway lockers are available for use. Masks must be worn when at the lockers. Plan to secure your items. Personal belonging are not permitted in the fitness centre.
- Hand sanitize upon departure of the space.

POOL USERS: FURTHER TO THE ABOVE GENERAL FACILITY INFORMATION

- Know and comply with COVID-19 Safety measures for aquatics at the facility.
- Arrival Time:
 - For general admission, arrive within 10 minutes of your pool booking time.
 - For registered programs, arrive within 10 minutes of your program commencing.
- Come dressed ready to use the pool to limit time in the change rooms.
- Following your swim, limit time in the change room to 10 minutes.
- Physical distancing between other users should be maintained. Users should make choices if certain pools are busy to avoid being in close contact with others. Be socially responsible and respectful of others.
- Masks: Masks are to be worn up to when people are preparing to enter the pool and as soon as is reasonably possible following leaving swim session. Masks are required in change rooms.
- Bring your own pool equipment. Goggles, towels etc will be unavailable to borrow.
- Deck viewing area capacity is limited. Spectators are discouraged. If someone needs to stay, please limit it to one person. Masks are required on the pool deck.
- Follow lane swimming protocols as directed by the aquatic staff.
- 3rd Party Sport Groups:
 - Sport groups are required to follow all viaSport and PSO guidelines and update their safety plans on a regular basis.
 - By public health order, vaccination passport requirements exist for anyone 22+ years plus participating in a 3rd party sport group. Organizers are responsible for understanding and adhering to this responsibility.
 - COVID 19 Safety Plans are required.
 - Booking permits may be revoked for groups not adhering to facility protocols or

CLEANING & HAND HYGIENE

- Facility cleaning will be as per the standard practice for the facility.
- Common spaces will be cleaned periodically throughout the day.

- Patrons should ensure hand hygiene practices are followed before and after facility use and should avoid touching their face with their hands.

INTERACTION WITH STAFF

- Public are asked to maintain social distancing with staff when visiting the Trail Aquatic & Leisure Centre.
- Disrespectful behaviour toward staff and/or other patrons will not be tolerated and could result in facility use privileges being revoked.

RESOURCES:

- BC Provincial Health Orders: [COVID-19 \(Novel Coronavirus\) - Province of British Columbia \(gov.bc.ca\)](https://www2.gov.bc.ca/gov/content/health/diseases/communicable/covid-19/covid-19-provincial-health-orders)
- Interior Health: [Gatherings and Events Order.pdf \(interiorhealth.ca\)](https://www2.gov.bc.ca/gov/content/health/diseases/communicable/covid-19/covid-19-provincial-health-orders)